

# **OP Soccer Club – COVID-19 Guidelines**

**Return to Play Guidelines –  
7.27.20 OP Soccer Club**

OP Soccer Club families, coaches, and staff,

Our top priority is to get back on the field in the safest way possible for both our players and coaches. We appreciate the adjustments you have made to handle recent changes and are grateful for your patience as we determine the safest route for our players and staff.

The guidelines below are effective immediately and will remain in effect until further notice.

## Requirements:

- Due to restrictions on the amount of people we are allowed to have on the field, we need to reserve the space for players and coaches only. OP Soccer Club respectfully asks that parents do not remain in the practice area during training.
- Social distancing must take place off the field. This includes players/coaches on the sidelines & parents/guardians/siblings/etc. during their visit to the facility.
- All individuals are required to wear a mask covering the nose and mouth when entering and exiting the complex or when unable to social distance.
- All non-players should wear masks throughout their visit to the facility.
- See references below for exceptions and more information.

## Recommendations:

- Continue to follow proper precautions (i.e. wash/sanitize hands, stay home if sick, avoid touching of face, wear a mask, etc.).
- Do not share sports equipment.
- Vulnerable populations are asked to stay home.
- If you get sick, the Johnson County Department of Health and Environment recommends you isolate at home for 10 days after the onset of symptoms, until you are fever free for 72 hours without the use of fever-reducing medication, and until you have a significant improvement in symptoms.
- Be aware of all travel-related quarantine mandates if you travel out of state.

## Principles and Responsibilities:

### **Club Responsibilities:**

- Have an effective communication plan in place.
- Maintain participant confidentiality regarding health status.
- Have an action plan in place, in case of notification of a positive test result.
- Train and educate all staff on protocols and requirements, including state and local regulations, CDC recommendations and other necessary safety information.
- Be prepared to shut down and stop operations.
- Provide adequate field space for social distancing.
- If a staff member gets sick, isolate at home for 10 days after the onset of symptoms, until you are fever free for 72 hours without the use of fever-reducing medication, and until you have a significant improvement in symptoms.

### **Coach Responsibilities:**

- Wash hands thoroughly before and after training.
- Bring, and use, hand sanitizer with you at every training.
- Ensure the health and safety of the participants.
- Inquire how the athletes are feeling. Send home anyone you believe acts or looks ill.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Follow all state and local health protocols and guidelines.
- Ensure all athletes have their own individual equipment (ball, water, bag etc.)
- Ensure that the coach is the only person to handle equipment (e.g. cones, disk etc.); do not enlist parental or attendee assistance.
- All training should be conducted outdoors and compliant with social distancing per state or local health guidelines.
- Coaches should maintain social distance requirements from players based on state and local health requirements.
- Have fun, stay positive – players and parents are looking to you for leadership.
- If a coach gets sick, isolate at home for 10 days after the onset of symptoms, until you are fever free for 72 hours without the use of fever-reducing medication, and until you have a significant improvement in symptoms.

### **Parent Responsibilities:**

- Ensure your child is healthy, and check your child's temperature before activities with others.
- Consider not carpooling or very limited carpooling.
- Due to restrictions on the amount of people we are allowed to have on the field, we need to reserve the space for players and coaches only. OP Soccer Club respectfully asks that parents do not remain in the practice area during training.
- Wear a mask if outside your car.
- Ensure child's clothing is washed after every training.
- Ensure all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training.
- Notify your coach immediately if your child becomes ill for any reason.

- Do not assist your coach with equipment before or after training.
- Be sure your child has necessary sanitizing products with them at every training.
- If a parent gets sick, isolate at home for 10 days after the onset of symptoms, until you are fever free for 72 hours without the use of fever-reducing medication, and until you have a significant improvement in symptoms.

**Player Responsibilities:**

- Take your temperature daily to ensure you are fever free.
- Wash hands thoroughly before and after training.
- Bring, and use, hand sanitizer with you at every training.
- Wear a mask before and immediately after all training.
- Do not touch or share anyone else’s equipment, water, food or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Follow all CDC guidelines as well those of your local health authorities
- All participants should be required to bring and fill their own containers.
- Water containers/bottles must not be shared.
- Communal drink stations such as hydration carts should not be used. Participants are encouraged to bring larger than normal water containers to limit the need for refilling.
- Significant consideration must be given in devising plans for refilling personal water containers, if necessary, without contamination from participants. Extra care should be taken to sanitize any coolers used. ● Administrators should not assist with the personal water containers of participants and staff.
- If a player gets sick, isolate at home for 10 days after the onset of symptoms, until you are fever free for 72 hours without the use of fever-reducing medication, and until you have a significant improvement in symptoms.

References:

- For more information visit:

- 7.01: Frequently Asked Questions on the JOCO Coronavirus Orders
- 6.27: Executive Order N0. 20-52
- 6.18: Unified Government Health Officials Extend Phase 3 of Ad Astra Reopening Plan
- 5.29: CDC Considerations for Youth Sports
- 5.26: Ad Astra Full Reopening Framework
- 5.26: Ad Astra Plan at a Glance